

SGA  *Symposiums*

EMPOWERING — SUCCESS —

2026

Where natural gas professionals
come to **Share, Grow, and Advance.**

WHY THIS MATTERS?

The energy industry is facing increasing complexity, scrutiny, and change. The leaders who advance will not be the ones with perfect answers — but the ones who can move forward with clarity, communicate effectively, and build trust across uncertainty. This symposium is designed to build those capabilities — now.

APR 7-8 Gaylord Texan Resort & Convention Center | Grapevine, TX



WELCOME

Welcome to the SGA Women's Leadership Symposium

Be part of something extraordinary.

This event is not a side conversation about leadership. This is the conversation.

The natural gas industry is evolving, and the leaders who move forward will be those who can navigate complexity, build trust, and act with clarity under pressure. This symposium is designed to accelerate that capability.

Thank you to the Women and Leadership Committee for creating an agenda relevant for professionals at every stage of their journey who are ready to invest in themselves, expand what's possible, and step more fully into their impact.

Over the next day and a half, you'll experience more than a series of sessions. You'll engage in conversations that challenge your thinking, build meaningful connections that last beyond this room, and walk away with practical insight you can immediately put to work. This is space to pause, reflect, and grow, but also to get sharper, clearer, and more deliberate about how you show up.

Let's talk honestly about how leaders position themselves to win in complex organizations. We'll explore this through the real experiences of women leading across the industry.

It's not about waiting for the perfect opportunity or having all the answers. It's about building experience capital — the real, earned kind. The

kind that comes from stepping into challenges before you feel fully ready, learning in real time, and paying attention to how work gets done.

That means stretching into roles that demand more of you.

It means shaping your story so your experiences — every one of them — work for you, not against you.

It means building and activating a network that opens doors and advocates for your potential.

And it means making sure your value is visible, not just assumed.

Because here's the truth: doing great work is only part of the equation. Being recognized for it and positioned for what's next is the other half.

This symposium is designed to help you do both.

Whether you're early in your career and ready to make your first bold move, or you're an experienced leader thinking about what's next, this is your opportunity to step back and invest in your growth with intention.

You'll leave with:

- » How to build visibility that leads to real opportunities, not just recognition
- » How to navigate high-stakes decisions without waiting for perfect clarity
- » How to expand influence across teams, functions, and leadership levels
- » How to position yourself for what's next before the opportunity is posted

Most importantly, you'll be reminded that you don't have to navigate this alone.

At SGA, we believe in the power of community to **Share, Grow, and Advance** — not just as an idea, but as a responsibility we carry for one another. When one of us grows, the industry gets stronger.

So, take the time. Be present. Have the conversations. Ask the questions. Stretch your thinking.

And don't just participate, engage in a way that moves you forward.

We're glad you're here.

Suzanne Ogle

President & CEO

SGA Natural Gas Association



APR 7		TUESDAY		
SESSION	TIME		LOCATION	
Registration, badge pick-up	2:00 PM	5:00 PM	Vineyard Pre-Function	
Saying What Matters: Communicating with Candor and Care — <i>Amber Romine, Paravis Partners</i> How to say what needs to be said — clearly, directly, and in a way people actually hear	3:30 PM	5:30 PM	High Plains	
Wine Fusion Networking Reception	6:00 PM	7:30 PM	Wine Fusion, Downtown Grapevine	
APR 8		WEDNESDAY		
SESSION	TIME		LOCATION	
Registration/ Information Desk Open and Badge Pick-up	7:00 AM	3:00 PM	Vineyard Pre-Function	
Welcome & Opening Reflections — <i>Becky Palmer, President, West Texas Division, Atmos Energy</i>	8:00 AM	8:30 AM	High Plains	
Opening Keynote — <i>Lauren Gilliland, SVP of Energy Supply, Xcel</i> Leading in Full Color: The Brushstrokes of Trust, Presence, and Impact	8:30 AM	9:30 AM	High Plains	
Networking Break	9:30 AM	10:00 AM		
Early Career Panel — <i>Panel: Jenna Long, Merjent; Destiny Kerr, Merjent; Bailey Sartori, Rosen Group; Sam Trowbridge; Moderator: Brandi Price, Atmos Energy</i> Generational Perspective for our Industry	10:00 AM	11:00 AM	High Plains	
Lunch Buffet Open	11:00 AM	11:45 AM	High Plains	
Fireside Chat: Leading Forward — <i>Carolyn Heath Haag, Moderator: Suzanne Ogle, SGA Natural Gas Association</i> Honoring Legacy While Building What's Next How to balance legacy systems with modern leadership expectations without losing credibility	11:45 AM	1:00 PM	High Plains	
Workshop — <i>Nick Tobey, OU (The University of Oklahoma)</i> From Blank Canvas to Bold Action: Leading Through Uncertainty How to take action when the path isn't defined and decisions still need to be made	1:45 PM	2:45 PM	High Plains	
Networking Break	2:45 PM	3:00 PM		
Turning Complexity into Momentum — <i>Samantha Howard, Southern Star</i>	3:00 PM	4:00 PM	High Plains	
Cocktail Reception	5:00 PM	6:00 PM		



COCKTAIL RECEPTION: Wine Fusion

Cap off your first day at the Wine Fusion networking event, where good conversation flows as naturally as the wine. Shuttles run every 15 minutes beginning at 5:30 PM from the Vineyard Tour bus lobby, with the last shuttle departing Wine Fusion at 8:15 PM.



THANK YOU TO OUR 2026 ADVANCE PARTNERS:



OPENING KEYNOTE

Leading in Full Color: The Brushstrokes of Trust, Presence, and Impact

TUESDAY 8:30 AM – 10:30 AM

LAUREN GILLILAND

SVP, Energy Supply – Xcel Energy



Every leader eventually faces a moment that redefines how she shows up: a promotion, a pivot, a reset. Lauren Gilliland has navigated those moments across more than two decades in the energy industry. As Senior Vice President of Energy Supply at Xcel Energy, she leads the safe, reliable performance

of a diverse generation fleet and has built her career guiding complex operations and frontline teams through high-pressure environments. In her keynote, Lauren draws from that experience to explore how women build leadership layer by layer, through trust, presence, and the willingness to lead visibly, humanly, and with conviction. She challenges attendees to move beyond perfection and performance and instead lead with intention, in the moments that matter most.